



**HARRISONVILLE**  
Parks & Recreation



# ***TURBO KICK***

**TUESDAY & THURSDAYS | 5-6PM**

FREE TO MEMBERS / \$36 NON-MEMBERS

(COST PER 6-WEEK SESSION FOR EACH WEEKDAY SESSIONS REGISTERED)

*HIGH-ENERGY CARDIO WORKOUT WITH  
CHOREOGRAPHED KICKBOXING INSPIRED  
MOVES.*

**INSTRUCTOR: RACHEL HUFFERD**

816.380.8980 | [www.HarrisonvilleParks.com](http://www.HarrisonvilleParks.com)