



JAZZERCISE HARRISONVILLE

Come join us for a great HIIT workout to today's Top 40 Hits! Our workouts include 35-40 minutes of cardio and 20-25 minutes of strength training for a full body workout!

Monday: 9am

Tuesday: 5:30am, 6pm

Wednesday: 9am

Thursday: 5:30am, 6pm

Friday: 9am

Saturday: 8:15am

Sunday: 3pm

Jazzercise Harrisonville- Community Center

\$55/month (discounted for HCC members), \$160/ 10 classes, First class free!

<https://www.jazzercise.com/location/jazzercise-harrisonville-community-center-20348>