



A FUSION OF LATIN &  
INTERNATIONAL MUSIC  
COMBINED WITH DANCE  
FITNESS MOVES TO CREATE  
A DYNAMIC & EFFECTIVE  
CARDIOVASCULAR & TONING  
WORKOUT.

# ZUMBA

**INSTRUCTOR:**  
**KAHLA HARDING**

**MONDAY & WEDNESDAYS**  
**6-7PM**

**\$18 MEMBERS / \$36 NON-MEMBERS**  
**(COST PER 6-WEEK SESSION FOR EACH WEEKDAY**  
**SESSIONS REGISTERED)**