



# October 2020

## Social Hall

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> Open	<b>2</b> 8:30am-9:15am SilverSneakers 9:30am-10:15am Group Strength 6pm-7pm Group Strength	<b>3</b> 8:30am-9:15am Group Strength 10am -11am Adult Martial Arts 11am -12pm Youth Martial Arts
<b>4</b> Open	<b>5</b> 8:30am-9:15am SilverSneakers 9:30am-10:15am Group Strength 6pm-7pm Group Strength	<b>6</b> Open	<b>7</b> 8:30am-9:15am SilverSneakers 9:30am-10:15am Group Strength 6pm-7pm Group Strength	<b>8</b> Open	<b>9</b> 8:30am-9:15am SilverSneakers 9:30am-10:15am Group Strength 6pm-7pm Group Strength	<b>10</b> 8:30am-9:15am Group Strength 10am -11am Adult Martial Arts 11am -12pm Youth Martial Arts
<b>11</b> Open	<b>12</b> 8:30am-9:15am SilverSneakers 9:30am-10:15am Group Strength 6pm-7pm Group Strength	<b>13</b> Open	<b>14</b> 8:30am-9:15am SilverSneakers 9:30am-10:15am Group Strength 6pm-7pm Group Strength	<b>15</b> Open	<b>16</b> 8:30am-9:15am SilverSneakers 9:30am-10:15am Group Strength 6pm-7pm Group Strength	<b>17</b> 8:30am-9:15am Group Strength 10am -11am Adult Martial Arts 11am -12pm Youth Martial Arts
<b>18</b> Open	<b>19</b> 8:30am-9:15am SilverSneakers 9:30am-10:15am Group Strength 6pm-7pm Group Strength	<b>20</b> Open	<b>21</b> 8:30am-9:15am SilverSneakers 9:30am-10:15am Group Strength 6pm-7pm Group Strength	<b>22</b> Open	<b>23</b> 8:30am-9:15am SilverSneakers 9:30am-10:15am Group Strength 6pm-7pm Group Strength	<b>24</b> 8:30am-9:15am Group Strength 10am -11am Adult Martial Arts 11am -12pm Youth Martial Arts
<b>25</b> Open	<b>26</b> 8:30am-9:15am SilverSneakers 9:30am-10:15am Group Strength 6pm-7pm Group Strength	<b>27</b> Open	<b>28</b> 8:30am-9:15am SilverSneakers 9:30am-10:15am Group Strength 6pm-7pm Group Strength	<b>29</b> Open	<b>30</b> 8:30am-9:15am Silver Sneakers 9:30am-10:15am Group Strength 6pm-7pm Group Strength	<b>31</b> 8:30am-9:15am Group Strength 10am -11am Adult Martial Arts 11am -12pm Youth Martial Arts

*Patrons may use any available opening.  
 However, please remember that HCC programs,  
 leagues & rentals will have priority.  
 Please be courteous if asked to be moved.  
 This schedule can change without advanced notice.*