



February 2019 Social Hall Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 8:30am - 9:15am SilverSneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	2 7am-7:50am Spinning 12:00pm - 1:00pm Adult Martial Arts 1:00pm - 2:00pm Youth Martial Arts
3 Open	4 8:30am - 9:15am SilverSneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	5 Open	6 8:30am - 9:15am SilverSneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	7 Open	8 8:30am - 9:15am SilverSneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	9 7am-7:50am Spinning 12:00pm - 1:00pm Adult Martial Arts 1:00pm - 2:00pm Youth Martial Arts
10 Open	11 8:30am - 9:15am SilverSneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	12 Open	13 8:30am - 9:15am SilverSneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	14 Open	15 8:30am - 9:15am SilverSneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	16 7am-7:50am Spinning 12:00pm - 1:00pm Adult Martial Arts 1:00pm - 2:00pm Youth Martial Arts
17 Open	18 8:30am - 9:15am SilverSneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	19 Open	20 8:30am - 9:15am SilverSneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	21 Open	22 8:30am - 9:15am SilverSneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	23 7am-7:50am Spinning 12:00pm - 1:00pm Adult Martial Arts 1:00pm - 2:00pm Youth Martial Arts
24 Open	25 8:30am - 9:15am SilverSneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	26 Open	27 8:30am - 9:15am SilverSneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	28 Open		

Times not designated are for “Open Use”
However, the schedule could change without prior notice.