



January 2019 Social Hall Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 New Years Day Facility Closed 	2 Open	3 Open	4 Open	5 Open
6 Open	7 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	8 Open	9 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	10 5:30pm-6:20pm Spinning	11 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	12 7am-7:50am Spinning 12:00pm - 1:00pm Adult Martial Arts 1:00pm - 2:00pm Youth Martial Arts
13 Open	14 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	15 Open	16 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	17 5:30pm-6:20pm Spinning	18 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	19 7am-7:50am Spinning 12:00pm - 1:00pm Adult Martial Arts 1:00pm - 2:00pm Youth Martial Arts
20 Open	21 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	22 Open	23 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	24 5:30pm-6:20pm Spinning	25 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	26 7am-7:50am Spinning 12:00pm - 1:00pm Adult Martial Arts 1:00pm - 2:00pm Youth Martial Arts
27 Open	28 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	29 Open	30 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	31 5:30pm-6:20pm Spinning		

**Times not designated are for “Open Use”
However, the schedule could change without prior notice.**