



July 2018 Social Hall Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Open	2 Open	3 Open	4 	5 Open	6 Open	7 Open
8 Open	9 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	10 5:30am - 6:20am Spin 7:00pm - 7:50pm HardCore	11 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	12 5:30am - 6:20am Spin 7:00pm - 7:50pm Stretch It!	13 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength	14 12:00pm - 1:00pm Adult Martial Arts 1:00pm - 2:00pm Youth Martial Arts
15 Open	16 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	17 5:30am - 6:20am Spin 7:00pm - 7:50pm HardCore	18 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	19 5:30am - 6:20am Spin 7:00pm - 7:50pm Stretch It!	20 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength	21 12:00pm - 1:00pm Adult Martial Arts 1:00pm - 2:00pm Youth Martial Arts
22 Open	23 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	24 5:30am - 6:20am Spin 7:00pm - 7:50pm HardCore	25 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	26 5:30am - 6:20am Spin 7:00pm - 7:50pm Stretch It!	27 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength	28 12:00pm - 1:00pm Adult Martial Arts 1:00pm - 2:00pm Youth Martial Arts
29 Open	30 8:30am - 9:15am Silver Sneakers 9:30am - 10:15am Group Strength 6:15pm - 7:00pm Group Strength	31 5:30am - 6:20am Spin 7:00pm - 7:50pm HardCore	<p>Times not designated are for "Open Use." However, the schedule could change without prior notice.</p>			

HARRISONVILLE COMMUNITY CENTER

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