



# ***WATER AEROBICS***

**MONDAY & WEDNESDAY | 6:15PM**

FREE TO MEMBERS / \$36 NON-MEMBERS  
(COST PER 6-WEEK SESSION FOR EACH WEEKDAY SESSIONS REGISTERED)

*GREAT FLEXIBILITY & STRENGTH TRAINING WORKOUT  
FOR THOSE WANTING TO MAINTAIN MOTION,  
STRENGTH & FLEXIBILITY.*

**INSTRUCTOR: KELLY MARTINEZ**